



# SENIORS' FOOD SECURITY IN THE WESTSIDE

Community Meal and Dialogue

Monday, March 27, 3pm-5pm  
Kitsilano Neighbourhood House  
2305 W.7th Ave

Are you a senior (65+) living in the Westside and experiencing barriers to accessing sufficient, fresh, nutritious food?

Join us at the event hosted by Westside Food Collaborative to help us better understand and effectively address the issue of food insecurity among seniors in the Westside.

Community Meal will be followed by a Dialogue, facilitated by Karen Giesbrecht, Registered Dietitian and Ksenia Stepkina, Community Food Developer.

To register, email Ksenia at [wfc@kitshouse.org](mailto:wfc@kitshouse.org) or call 778.785.1133



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**WESTSIDE FOOD**  
COLLABORATIVE